

SPRING 2022 SESSION

JANUARY 10 – MAY 28, 2022

Petits Pas Health and Safety Plan Following the [DIRECTIVE OF THE HEALTH OFFICER No. 2020-14k](#) (updated on December 10, 2021) and its **Exhibit A : Guidance from the San Francisco Department of Public Health (SFDPH) for Programs for Children and Youth** (Last update 12/30/21).

Business Name: **Petits Pas Studio**

Studio Location: **564 Monterey Blvd, San Francisco 94127, CA**

Liaison Contact + Covid-19 Staff Liaison : **Virginie PERSONNE (415-260-0532)**

Last Update: **January 3, 2022**

REQUIRED SIGNS

1. **Best practices for COVID-19 prevention** will be posted by Petits Pas at all public entrances.
2. **Get vaccinated** will be posted by Petits Pas in staff areas.

STRATEGIES TO PREVENT SPREAD OF COVID-19 SITUATIONS

Promote COVID-19 vaccination

1. Petits Pas encourages COVID-19 vaccination for staff, children old enough to be vaccinated and family members.
2. Petits Pas limits non-essential visitors who are not fully vaccinated, including volunteers and activities involving external groups.
3. **Vaccination Requirement for Students 12+yo: following San Francisco County Authorities, all participants 12+yo are required to show proof of being fully vaccinated against COVID-19 to participate in in-person activities, including classes, performances, and other events ([SF Gov info here](#)).**

Wear face masks indoor

1. Face masks are required indoors for everyone 24 months and older, even if they have been fully vaccinated for COVID-19. Petits Pas will develop protocols to enforce mask requirements. Staff must and will wear a face mask even when children and youth are not present.
2. Masks must be well-fitted and cover the mouth and nose. Scarves and other loose face coverings are not allowed. Face masks must not have an exhalation valve.
3. Petits Pas will keep a supply of face masks for people who forget to bring their own.
4. Face masks are not required outdoors but Petits Pas requires Children, Staff and Family Members to wear face covering on the outdoor Petits Pas premises when social distancing is not possible.
5. Petits Pas staff will make sure that children wearing face masks do not overheat in hot weather.
6. Exemptions to face masks: Children under 24 months old must not wear face coverings due to the risk of suffocation. People who are unconscious, asleep, or unable to remove a face mask independently must not wear masks. For other exemptions to this requirement, see CDPH Face Mask guidance.

Improve ventilation and use outdoor spaces as often as possible

1. Petits Pas will follow CDPH Ventilation Guidance.
2. Petits Pas has the chance to run classes in a very large studio open to the Patio (Windows, and door).
3. Petits Pas will do breaks (Water-breaks) outside (Patio of the Studio).
4. Petits Pas uses portable air cleaners in each indoor space (“HEPA filters”).
5. Petits Pas staff will open windows to increase natural ventilation with outdoor air when health and safety allow. Petits Pas Staff will also let room doors slightly open to promote flow of outdoor air through the indoor space.
6. During wildfires or other times when air quality is poor, Petits Pas will prioritize maintaining healthy air quality indoors. Our program may remain open even if we need to close our windows or decrease outdoor air intake by our ventilation system during these times. Petits Pas will continue other precautions, especially wearing masks.

For more information: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/ventilation.html>,
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Interim-Guidance-for-Ventilation-Filtration-and-Air-Quality-in-Indoor-Environments.aspx>

Petits Pas will ask students to stay home when sick after home-based symptom checks

1. Petits Pas will provide a list of COVID-19 symptoms to staff and families of children. Petits Pas will make sure they know to stay home if they have symptoms. SFDPH has created a sample handout for families available [here](#).
2. Petits Pas will encourage family members of children and staff to get tested promptly if they have symptoms of COVID-19. This will lower the risk of infection spreading to people in our program.
3. SFDPH does not recommend temperature checks anymore.
4. Petits Pas will encourage staff, children and youth who are not fully vaccinated for COVID-19 to [quarantine and test after travel](#), and to follow CDC recommendations for travel at <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>
5. Petits Pas can require staff and students who are not fully vaccinated for COVID-19 to wait for the end of the CDC-recommended quarantine period before returning to the program travel.

Petits Pas will follow recommended hand hygiene

1. Petits Pas will follow pre-COVID-19 universal health precautions for handwashing. This document is available [here](#).
2. Petits Pas will develop routines and schedules for staff and children to wash or sanitize (when washing is not possible) their hands frequently, including immediately after arriving, after going to the bathroom, and after wiping noses, coughing, or sneezing.
3. Handwashing with soap is more effective than hand sanitizer. Hand sanitizer is optional if people can easily wash their hands with soap and water at a sink.
4. Petits Pas will keep hand sanitizer out of the reach of young children and supervise use.

Cleaning and disinfection protocols

1. Petits Pas staff will clean frequently touched surfaces daily and between groups (like door handles, light switches, sink handles, barres,...etc.)
2. Petits Pas will remove items that are difficult to clean (e.g., soft toys, “loveys”).
3. Additional disinfection is recommended only if a person with COVID-19 was present within the last 24 hours; Spaces occupied by that person during that time must be cleaned AND disinfected. For more information: <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

Physical distancing is no longer required by SFDPH

SFDPH “Physical distancing is less important when people wear face masks, vaccination rates are high, and spread of COVID-19 is low”. Nevertheless, Petits Pas will ask Staff and Children to maintain physical distancing indoor during dance activities.

Cohorting is not required

1. Staff and volunteers may work with more than one group.
2. Children may participate in more than one group each day.
3. Single-day programs and drop-in programs are now allowed. Programs can add new children and youth at any time.
4. There is no maximum group size.

Petits Pas will limit sharing

1. Petits Pas staff will make sure there is no sharing of drink bottles and other personal items.
2. Children and youth can use shared supplies and equipment such as mats, barre, props if the above hand hygiene practices are followed. Petits Pas staff will clean shared equipment after each class.
3. Petits Pas staff will have children wash or sanitize their hands before and after using shared supplies and equipment.
4. Participants should arrive dressed to class to the greatest extent possible.

SPECIFIC SITUATIONS

Transportation

Regarding carpools and shared rides, Petits Pas will tell staff and families to try to carpool with the same stable group of people, to open windows and turn the fan on high, set to outdoor air and to treat the vehicle as an indoor space, so everyone in the vehicle should wear a face mask.

Meals/snacks/water breaks

1. Petits Pas will make sure that breaks are taken outside if any.
2. Petits Pas will make sure to space unvaccinated children out if drinking or eating.

Drop-off and pick-up for children enrolled in our program

1. Drop-off and pick-up will be curbside. Meet the staff at the main entrance of the Studio
2. Petits Pas encourages parents/caregivers to stay outside at drop-off and pick-up to prevent the spread of Covid-19.
3. Parents and caregivers may enter the building briefly for drop-off for the first class, even if they are not fully vaccinated for COVID-19.

Events

Performances and other events that involve families are allowed if they follow the city guideline. Petits Pas will keep a log of all persons who attend. This will be helpful if someone tests positive for COVID-19.

WHAT TO DO WHEN SOMEONE HAS COVID-19 SYMPTOMS OR CONFIRMED COVID-19

When Petits Pas staff, children and youth become ill at the program

1. Staff who become ill at work must notify Petits Pas and leave work as soon as they can.
2. Petits Pas staff will send ill staff, children, and youth home. Petits Pas staff will keep those who are waiting to be picked up in a designated isolation room. Petits Pas staff will make sure that they keep their face masks on.
3. When a parent or guardian arrives to pick up a child, Petits Pas staff will have the child walk outside to meet them, if possible, instead of allowing the parent or guardian into the building. The parent may also have COVID-19, since children are most often infected by an unvaccinated adult in their home.

Steps Petits Pas will follow if someone is suspected or confirmed COVID-19

If someone at Petits Pas tests positive for COVID-19, has symptoms of COVID-19, or has close contact to someone with COVID-19, Petits Pas will follow the SFDPH Quick Guide 's instructions. The Quick Guide also lists steps to take if Petits Pas has a confirmed case of COVID-19. Petits Pas must and will report COVID-19 cases to SFDPH at cases.schools@sfdph.org.

Returning to the program after COVID-19 symptoms, exposure, or a positive test

See SFDPH criteria for children and youth to return to their program at <https://sfdph.org/dph/COVID-19/Schools-Returning.asp>

DOCUMENTS ATTACHED

- Note for parents (summarizes information about basic rules and drop-off / pick-up procedures)
- Parents-Guardians Health-Check handout